



# The Lake Asphalt BULLETIN



## International Relations

### 7<sup>TH</sup> ANNUAL CHINA IMPORT EXPO

Led by Acting Chief Executive Officer, Mr Swedaka Matthews, a team comprising of Mrs Shivaun Alexander-Powder- Team Leader Caribbean Asphalt Products (CAPs), Mr Shiva Ramlal-Head, Research and Technical Services Unit, Ms Marsha Marchan- Corporate Communications Coordinator and Mr Deonarine Sarabjit-Consultant successfully represented Lake Asphalt at the 7<sup>th</sup> Annual China International Expo at the International Convention Centre in Shanghai in the People’s Republic of China.

The event, held from November 5th 2024 to November 10th, 2024, featured Lake Asphalt at booth number 4.1 C9-2. It was a great success, with visitors captivated not only by the “natural wonder” of the Pitch Lake in Trinidad and Tobago, but also by the range of products we manufacture. Attendees were particularly interested in the over 70 projects in China that have utilized TLA over the years, including the most recent, the Zhukai Macao Bridge in Hong Kong, which holds the title of the longest sea bridge in the world.

Our participation in CIIE 2024 served to further strengthen our long standing relations with the People’s Republic of China, reconnect, forge new relationships, explore opportunities for further expansion into a growing market and enhance brand visibility.

Over a period of six (6) days, Lake Asphalt was showcased among 3,400 exhibitors from 129 countries and regions.

Among the thousands of visitors to our booth was Her Excellency Analisa Low, Ambassador Extraordinary and Plenipotentiary of the Republic of Trinidad and Tobago to the People’s Republic of China.



From left ( Shivaun Alexander-Powder, Marsha Marchan, Swedaka Matthews, Deonarine Sarabjit, Shiva Ramlal)



see CIIE photo gallery next page

**Her Excellency Analisa Low**, Ambassador Extraordinary and Plenipotentiary of the Republic of Trinidad and Tobago to the People’s Republic of China and Mr Swedaka Matthews, Acting Chief Executive Officer at Lake Asphalt’s booth in Shanghai, China.



Above: H.E. Low and Mr Dwayne Thompson of the Embassy of the Republic of Trinidad and Tobago to the People’s Republic of China are shown a sample of crude asphalt and other products by Acting CEO, Swedaka Matthews.



Right: Mr. Thompson takes a close look at TLA samples on display at CIIE 2024

The Lake Asphalt e-Bulletin is a production of the Corporate Communications Unit

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# CIE photo gallery



## AT CHINA INTERNATIONAL IMPORT EXPO 2024





# International Relations

German Distributor, Andreas Knobiig and his team visit Lake Asphalt



## TLA Coatings Range of Products showcased in TOGO



TLA Coatings is being marketed in the West African country of Togo by Danyisobo Distributeurs. The product labels are now available in French to facilitate this market and debuted to showcase the line at the Lome Trade Fair in Togo in December, 2024. The TLA Coatings line is also amply displayed on the company's website [danyisobo.com](http://danyisobo.com).

*Top Photo: Mr Taharqa Obika at the Trade Fair.*

*Bottom photo: Mr Obika speaks with visitors to the Danyisobo booth at the Trade Fair in Lome, Togo.*





**Trinidad Lake Asphalt**  
La société Distributeur chargé de la TLA en Tobago

PRODUIT DE



**Lake Asphalt**  
de Trinidad et Tobago (1876) Limited

**GAMMES DE PRODUITS**



Pour la protection des autocarrosses et des jantes et chaudières chromées, contre la rouille causée par l'exposition aux éléments.



Idéal pour réparer les fissures et les joints dans les murs, les plafonds et les toitures en béton, pour cimenter les bordures et empêcher les infiltrations dans les joints en métal et en caoutchouc.



Utilisé comme apprêt pour protéger les surfaces métalliques, y compris les câbles et les surfaces anti-refraction.



Protège les tubes métalliques et les tuyaux de condensation, les tuyaux de drainage et les tuyaux dans les endroits soustraits et déformés, généralement causés dans l'industrie pétrolière.

Fabriqué à trinité et Tobago Brighton,  
La Brea Trinidad, Antilles 868-648-9988  
Distribué au Togo par les distributeurs **Danyisobo SARL**  
Email : [danyisobo@gmail.com](mailto:danyisobo@gmail.com) Téléphone : +228 71 01 48 48  
A côté du marché de Sagbado, en face de la pharmacie Conseil,  
Route Ségbadé, Lomé-Togo.



# International Relations



Acting Chief Executive Officer, Mr Swedaka Matthews visits Cuban Ambassador to Trinidad and Tobago Ambassador Gustavo Daniel Véliz Olivares at the Cuban Embassy in Port of Spain, Trinidad.



Distributor (Nigeria) Dr Wallace Williams shows TLA Sample To Professor Patrick Loch Otieno Lumumba Panafrikanist Activist at his Office In Nairobi, Kenya

## Head Research and Technical Services attends ASTM

Head, Research and Technical Services Unit, Mr Shiva Ramlal, attended ASTM International June 2024 Committee Meeting. Lake Asphalt has three (3) standards (listed below) with ASTM International which are directly related to our flagship product Trinidad Lake Asphalt (TLA) and is important to the products' acceptance internationally for Quality Assurance. It is important for Lake Asphalt to attend these meetings so we can ensure the standards remain active, does not slip into "Not Active" status and to keep abreast with standards changes that may affect our product conformance. The Technical Contact for the three standards is Mr Shiva Ramlal who is responsible for handling all matters regarding timely reviewing of the standards and balloting the standards for re-approval or revision in accordance with ASTM guidelines to ensure they remain current and do not fall off as withdrawn.



- ASTM D5710M** - 22 Standard Specification for Trinidad Lake Modified Asphalt.
- ASTMD6626** -23 Standard Specification for Graded Trinidad Lake Modified Asphalt Binder.
- ASTM D6608** - 24 Standard Practice for the Identification of Trinidad Lake Asphalt in Asphalt Mixes.

ASTM International is a globally recognized leader in the development and delivery of voluntary consensus standards for a wide range of materials, products, systems and services. There are over 12,000 ASTM standards used around the world to improve product quality, enhance health and safety, strengthen market access and trade, and build consumer confidence.



In January 2025 the team travelled to the sister Isle of Tobago to execute the project: **Modification of Warner Construction Hot Mix plant to accommodate the use of TLA/AC** for the Tobago Airport project.



From left: *Keron Campbell, Barry Regis (Acting Manager, Engineering and Facilities) and Emmanuel Phillip*



# The Lake Asphalt BULLETIN



## TLA Coatings "Pop-Up" Promotions

The Marketing Department continues its *Pop-Ups* promotion aimed at increasing the awareness of our superior coatings.

Week after week the team executes the Pop-Ups at various hardware around the country showcasing the TLA Coatings range of products with demonstrations, giveaways and solutions to many issues facing industries and homeowners.

G3 Hardware and Home Centre Limited



Fens T&T Super Stores



G3 Hardware and Home Centre Limited



Ramlagans General Hardware and Electrical



# Paving The Way Throughout The World



## What to Expect in 2025

Ramona Butler -Team Leader, HSE

### HEALTH SAFETY AND ENVIRONMENT

**Our Commitment** - to create a safe and healthy working environment that prioritizes the well-being of ALL our employees and the protection of our environment. We are committed to fostering a culture of safety and sustainability, where every employee feels empowered to contribute to our collective goal of zero incidents and minimal environmental impact.



### Integration of Health and Safety with ESG Goals

Environmental, Social, and Governance (ESG) criteria are increasingly influencing corporate strategies, including health and safety practices. We will be integrating ESG metrics into our health and safety reporting, demonstrating the organization's commitment to sustainable and ethical practices. This integration will not only enhance our corporate reputation but will also attract investors and customers who prioritise sustainability.

### Behaviour Based Safety (BBS) & Recognition Program

The BBS & Recognition Program focuses on promoting safe behaviours through observation, feedback, and positive reinforcement. Employees will be encouraged to identify and rectify unsafe actions while fostering a proactive safety culture. The Recognition program will reward individuals and teams for their safety contributions, enhancing engagement and accountability. Together, BBS and recognition initiatives aim to reduce incidents and embed safety into daily operations.



Life Saving Rules



**Adoption of the IOGP Life Saving Rules** - The adoption of the International Association of Oil & Gas Producers (IOGP) Life Saving Rules will ensure a standardized approach to mitigating high-risk activities. These rules provide clear, practical guidelines designed to prevent fatalities and serious injuries in the workplace. By integrating these rules into our daily operations, Lake Asphalt will be demonstrating its commitment to aligning with global best practices and strengthening of our operational safety protocols.



**Enhanced HSE Training** - This initiative aims to equip employees and contractors with the skills and knowledge to operate safely and efficiently. These programs will focus on high-risk activities, regulatory compliance, and emergency preparedness. By introducing tailored, practical, and engaging training methods, will ensure the workforce is well-informed about safety standards across all operations.

**ISO 45001 Certification**  
ISO 45001 is the international standard for Occupational Health and Safety Management Systems. Achieving this certification will demonstrate the organization's commitment to maintaining a safe and healthy workplace.

### HSE WEEK 2025

The week-long program will feature interactive workshops, expert-led seminars, safety drills, and recognition ceremonies. HSE Week provides a platform to celebrate achievements, address challenges, and reinforce the organization's commitment to safety excellence.

**HSE Campaigns** - HSE campaigns are targeted initiatives designed to raise awareness and drive action on specific safety, health, or environmental issues. These campaigns may include workshops, seminars, posters, and digital content to promote key messages. Topics might range from PPE usage to stress management and environmental conservation. Consistent and impactful campaigns to embed a culture of safety and continuous learning throughout the organization

UPCOMING EVENTS





# The Spirit of Christmas

## Tree Decorating Competition



The "Spirit of Christmas" celebrations at Lake Asphalt were well received by all employees as Departments showed camaraderie, commitment and their competitive side.

Activities included the Interdepartmental Christmas tree decorating competition with four categories:

**Best Traditional Tree** which was won by Procurement and Logistics Department with a tree that created memories of what Christmas means and the tree we would wake up to on Christmas day, loaded with presents and decorations.

**Best DIY Tree** was won by the Engineering & Facilities Department. The tree was one that can only be described as "stunning", created by a frame on the wall, the flat tree formed an optical illusion that made it appear to be a floating 3D tree which blew the Judges away.

**Best Modern Tree** cupping this category was Lake House, with a spiral tree that caught the attention of the Judges during its presentation under dimmed lights. The tree reflected modern, sleek and minimalism, placing a tick on the first prize.

**Best Lake Asphalt Inspired Tree** also cupping this category was the Engineering & Facilities Department with a snowman-shaped tree that was built to represent the foreign markets of Lake Asphalt. In the well articulated presentation, the Department took the judges on a Lake Asphalt journey that covered our past, present and future.



Best Traditional Tree (P&L)



Best Do-It-Yourself (DIY) (Engineering & Facilities)



Best Lake Asphalt Inspired Tree (Engineering & Facilities)



Best Modern Tree (Lake House)



# CHRISTMAS AT LAKE ASPHALT

## *Spirit of Christmas*

Interdepartmental Decor Competition:

### "BEST CHRISTMAS TREE" ENTRIES



Congratulations to all Departments  
Each tree was unique and joyful,  
truly bringing in

**the Spirit of Christmas at Lake Asphalt!!!**







Queen's Royal College  
Pitch Lake School Tour



Best Wishes



Medical Staff Beverly  
Flemming ties the knot.

Congratulations to  
Mr & Mrs Harris  
on their recent nuptials.

**Carol Rowley**

We caught WEC Rowley on her last day of official duty before proceeding on Pre-retirement leave





# CORPORATE SOCIAL RESPONSIBILITY



**CHÉON JOSEPH**



WELCOME

O J T S



**DONNA RAMLAKHAN**



**RYAN FORTUNE**



**JAYRON GRANT**



**SHERWIN PASSIE**



**KALIFAH DOGAN**



**KEVIN SEUNARINE**



**Ava Rajkumar**  
(Pre-retirement leave)

*Best Wishes*



**Cyril Hunte**  
(Pre-retirement leave)



**Keith Herbert**

Happy Retirement!

# CHRISTMAS AT LAKE ASPHALT

## *Spirit of Christmas*

### Interdepartmental Treasure Hunt:

### "THE ULTIMATE CHALLENGE"



The Corporate Communications Unit hosted a Christmas Treasure Hunt titled **"The Ultimate Challenge"**, another element of **"The Spirit of Christmas"** initiative, which consisted of fun activities taking Hunters throughout Lake Asphalt's plant and facilities in search of items or completing tasks.

Some of the fun challenges included:

- ✓ Sing the TLA coatings "Seal the Deal" Christmas jingle
- ✓ Take a photo with an employee with over 20 years' service.
- ✓ Record a video of two team members doing a dramatic reading of the Mission statement
- ✓ Take a selfie with the person of highest Authority present.

- ✓ Recreate the company Logo using material and objects in the vicinity
- ✓ Take a team photo showcasing some or all the company's products.
- ✓ All team members, eat a bag of popped corn entirely without spilling, using the following: a fork, spork, spoon and one mystery utensil

While the Hunters were busy on the challenge, onlookers and supporters were treated to good music and fun activities.

**We are grateful to all the participating teams and their supporters for making the event a tremendous success! Thank you so much!**

**We look forward to seeing you at the Challenge in 2025!**

# CHRISTMAS AT LAKE ASPHALT

## *Spirit of Christmas*

Interdepartmental  
Treasure Hunt:

"THE ULTIMATE CHALLENGE"



# CHRISTMAS AT LAKE ASPHALT

## *Spirit of Christmas*

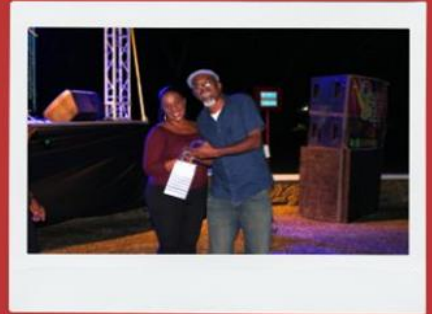
### SEASONAL SOIRÉE

#### THE EMPLOYEES' YEAR END GATHERING





**CHRISTMAS AT LAKE ASPHALT**  
*Spirit of Christmas*  
**SEASONAL SOIRÉE**  
**THE EMPLOYEES' YEAR END GATHERING**



# CHRISTMAS AT LAKE ASPHALT

## *Spirit of Christmas*

### SEASONAL SOIRÉE

#### THE EMPLOYEES' YEAR END GATHERING

#### PHOTOBOOTH



# LAKE ASPHALT SPORTS CLUB



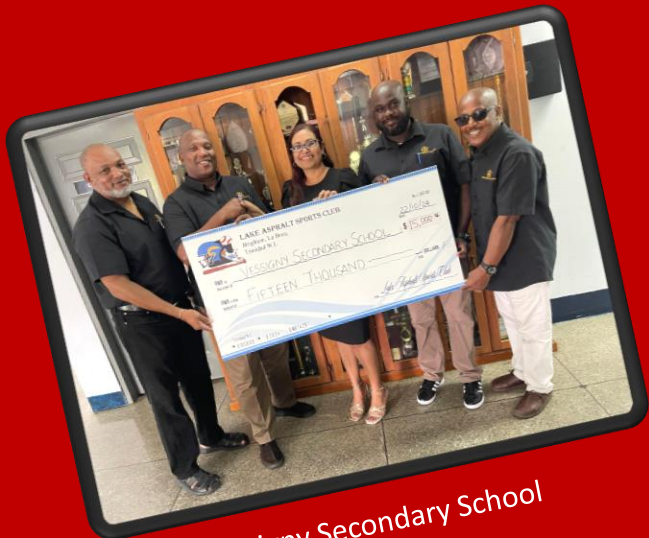
## BEDROCK COMMITTEE DELIVERS SWEET SIXTEEN PROCEEDS



BEDROCK PREMIUM ALL INCLUSIVE

BEDROCK PREMIUM ALL INCLUSIVE

Members of the Bedrock Committee personally delivered donations to the five recipients of the 2024 "Sweet Sixteen" proceeds.



Vessigny Secondary School



Helena Charles Home for Senior Citizens



Brighton A.C. Primary School



La Brea R.C. Primary School



L'fe Roberts  
Collected by Michael Roberts (father)



L'fe Roberts



BEDROCK PREMIUM ALL INCLUSIVE



BEDROCK PREMIUM ALL INCLUSIVE





LAKE ASPHALT OF TRINIDAD AND TOBAGO (1978) LIMITED

## DEVOTION

"A Family That Prays Together, Stays Together"

## INTERFAITH SERVICE



*With  
Deepest  
Sympathy*



Gerald Richards  
(Former General Manager)

- Carlon Alexander on the passing of his Grandmother
- Ryan Fortune on the passing of his Grandmother
- Kyle St Louis on the passing of his Grandmother
- Khadine Bridgeman on the passing of her Father
- Martyn Hedley on the passing of his Mother
- Akil Lynch on the passing of his Spouse
- Aneisha Cave on the passing of her grandmother
- Barry Regis on the passing of his Sister



Randolph "Bobby" Joseph



EXCELLENCE IS NEVER AN ACCIDENT IT IS THE RESULT OF HIGH INTENTION, SINCERE EFFORT, INTELLIGENT

DIRECTION, SKILLFUL EXECUTION AND THE VISION TO SEE THE OBSTACLES AS OPPORTUNITIES.

ARISTOTLE



*Congratulations!*

**Cavell Justin Wendell Sylvester**  
Attorney-at-Law

Cavell is the son of Rhona Sylvester-Noel  
Personnel Assistant, Legal.

**L'fé Roberts**  
Youth Female Athlete of the Year - Volleyball

L'fe is the daughter of Michael Roberts of the  
Engineering & Facilities Department



**Health**



**Capsule**

**PLAY and LAUGH**

**ACTIVITY PAGE**

**GUESS THE PHRASE!** CLUE: Interfaith Service

A \_ a i \_ t a \_ a  
T \_ e \_ e , t a \_ T \_ e \_ e

**Jokes**

What did the asphalt say to the speed bump?  
You're slowing me down!

Why did the asphalt go to school?  
To get a smooth education.

What did the asphalt say to the pothole?  
You're really starting to crack me up.

Why did the asphalt break up with the concrete?  
It felt like it was being walked all over.

Why did the asphalt go to therapy?  
It had too many issues to pave over.

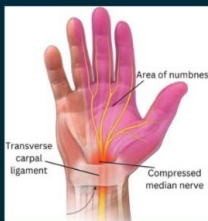
**CARPAL TUNNEL SYNDROME (CTS)**

Carpal Tunnel Syndrome is among the most common hand ailments. It is caused by excess pressure on the median nerve in the carpal tunnel of the wrist.



**CAUSES AND SYMPTOMS**

The carpal tunnel is a tiny channel enclosed by bones and ligaments on the forearm and palm side of the hand. When the median nerve is compressed, symptoms may include numbness, tingling and weakness in the thumb and fingers.



**Anatomical Factors-** wrist fractures /dislocations can alter the space between the carpal tunnel which can lead to changes in the small bones in the wrist as a result puts pressure on the median nerve.



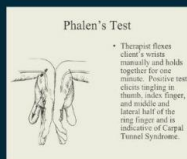
**Inflammatory Conditions** -Arthritis, gout and other inflammation causing illnesses can have an effect on the lining around the tendons . As a result this places pressure on the median nerve.



**Workplace Factors-** working in an assembly line , a cold working environment and doing administrative duties that causes repeated flexion in the wrist has the potential to worsen pre-existing nerve injuries.

**DIAGNOSIS/TEST**

Phalen's Test and Tinel's Test



**PREVENTION/TREATMENT OPTIONS**

• Use of Ergonomic Devices



• Surgery- in severe cases of pain and stiffness in your fingers.

• Stretching

**CARPAL TUNNEL EXERCISES**

Flexor tendon gliding:  
Perform each position for 5 seconds, 5 repetitions, 5 times every day.



**LET'S GET SOCIAL**  
We are on social media



Get notified of all our latest posts. We invite everyone to visit, follow, like and share!

We would love to hear from you  
send your contributions, comments, feedback/reviews to the Corporate Communications Department today!